



Polite & Powerful Children's Foundation

WORKSHOPS

The Polite and Powerful Workshops

The Polite and Powerful program is an eight-week program, (32 sessions) offered 4 times a year and conducted city-wide. Workshops are held after-school, Monday-Thursday and consist of 16 females and 16 males, the groups meet separately for 90-minutes two days a week. Prior to students enrolling parents and or guardians are required to attend a 90-minute reinforcement session. The program focuses on manners respect and six essential life/social skills. The workshops are interactive, fun and develop the strengths of each student.

During the eight-weeks, four two hour Saturday Family workshops are held and facilitated by a Family Health Consultant. These special workshops are designed to focus specifically on developing stronger communication skills within the family. There are no spectators only participants. After each workshop, families break bread by enjoying a meal. At the end of the workshops each family receives a \$100.00 gift card for their participation and cooperation.

The program also offers "Fast Track" sessions which highlight each of the six components (16 sessions).

Brief description of the six components

Introduction To High Self-Esteem and Self-Worth - Self-Reflection, Diction, Posture, Poise:

This workshop builds the foundation for each student in terms of self-reflection which helps create a sense of comfort and confidence. Students learn how to respect, like and love themselves.

Character Builds Your Reputation - Keeping Your Word, Dignity, Integrity, Trust, Loyalty:

This workshop continues to build the foundation using character traits to help student develop and discover their true nature, temperament and personality. The traits help students determine what kind of person they are and what kind of person they want to become.

Phone Etiquette - Good Morning, Good Afternoon, Good Evening:

This workshop builds the foundation for diversity and learning to respect others, even if they cannot be seen. Students learn to respect and master a skill that pays good money. They also develop communication skills and penmanship.

Table Manners To Be Proud Of - Posture, Napkin, Hands, Arms, Elbows:

This workshop builds the foundation of proper table etiquette and good social skills. Students learn to identify the placement of dinnerware for all occasions, how to set a table for a seven-course meal, various techniques, nutritional tips for better digestion, polite conversations, dress for the occasion and much more. Students are prepared to dine at the White House.

Dream Big and Plan For Success - Vision, Plan, Details, Hard Work, Endurance, Perseverance:

This workshop builds the foundation for learning how to make dreams come true and being successful. Students have the opportunity to relax and envision their future by dreaming big. They create a mental and written list of what it will take to make their dreams come true.

Famous Quotes To Aspire To And Live By - "Don't Let Nobody Steal Your Mind":

This workshop builds a foundation for a healthy, happy, productive and well rounded life. Students are exposed to famous quotes and have the opportunity to make up their own. We want to leave students with the courage to think for themselves and be comfortable and confident in being themselves along with their individual abilities.

Culminating components at the end of the eight-week program

- Students dress up and are treated to a four-course meal at one of Chicago's fine dining restaurants.
- The Polite and Powerful Comedy Challenge Competition is a special event designed for the holidays and includes the community-at-large. Students team up and use the information they learned to make up a comedy scene on how some people behave rudely in various venues, then demonstrate how to behave politely. This component helps develop the PPCF 4-L's: Look, Listen, Laugh and Learn. We encourage teachers, parents, celebrities and community leaders to volunteer by assisting the groups with the challenge.

This competition is patterned after the American Idol.

Costs & Contacts

Program cost based on number of students and ranges between \$20.00 - \$30.00 per student for each component. 1st, 2nd & 3rd grades recommend 60-minute workshops

For more information please contact Dr. Wade at:

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PPCF

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Thank you for your interest. We look forward to working with your children and youth to educate them on "Manners that Matter" and help make them Polite and Powerful.

Please drop us a line and let us know if you think, "having good manners will help make the world a better place. "

"Yes we can make the world a better place...our attitudes; thoughts, words and deeds give us the power." ~Dr. K.D. Wade

PPCF Workshop Testimonies

3rd graders

- Thanks Dr. Wade for making learning manners fun!
- I learned that you should always be polite to people no matter what.
- This workshop was really fun!
- I like it when kids are nice.

4th graders

- I do believe that I learned more in here than in school.
- Thank you so much.
- I love how you kept moving.
- Thank you for taking time to teach us manners.

5th graders

- The workshops were very interesting, I had fun !!!
- Now I know which fork to use when I go out to dinner.
- My grandmother teaches my brother and me manners.
- Learning manners makes me feel powerful.

6th graders

- I wanted this workshop to make me a better person and it did.
- It was nice having you here teaching me.
- I never knew learning manners could be so much fun.
- Having manners is good.

7th graders

- Thank you for teaching me these skills which I'll need in life.
- You're a very nice lady.
- You really look nice today.
- My friends need to take this class.

8th graders

- I have low self-esteem.
- I learned a lot and enjoyed you and....?
- Thank you, nothing to say...Great quiz.
- I didn't know that chewing gum in public was inappropriate.

9th graders

- Thank you for coming and sharing this information.
- You pointed out a lot, very refreshing lessons.
- I like this survey.
- This was an interesting survey.

PPCF Testimonies Continued

10th graders

- Yes I enjoyed it cuz I found out that I didn't know a lot about dining.
- This was Great, I had a lot of fun!
- I felt this survey was very good as far as testing your ability to use manners.
- Thanks for everything!!!! Appreciate it!!

11th graders

- Thank you for letting me be a part of something like this and showing me things that I did not know.
- This was really fun.
- I really enjoyed this class.
- I liked the survey.

PPCF Chairwoman

- The questionnaire is a powerful inspirational tool that everyone can learn from.

PPCF Vice President

- Great Job!

Treasurer

- I learned a lot from the questionnaire and will no longer crew gum in public.

PPCF Secretary

- Excellent job, the questionnaire is very powerful.

PPCF Members :

- You really don't know how powerful this material is.
- More adults need to take your workshops.
- Really proud of the work you do. Learned a great deal from your presentation and questionnaire.
- Happy to be part of this organization. I'm sure the children and youth are transformed after experiencing the Polite and Powerful workshops.
- Your passion and enthusiasm really shines during your presentation.
- A parent told me her daughters are always quoting Dr. Wade and encouraging her to mind her manners and pointing out what's polite and what's rude and that this program needs to be in ever public, private and charter school in America. Keep up the great work and soon the program will be national and your dream to restore humanity and the family infrastructure using manners will be alive and well. Enjoy watching you work!